



How To Get What You Really Want!

9 Easy Steps Based On Universal Principles That Work

GlennCorban.com

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Prelude

Getting what you really want can seem overwhelming and often impossible for many people, however there is an art and science to getting what you want. The science is the science of mind and what I call the “art” is simply knowing the principles behind getting what you want and putting them into action with ease and joy through a habitual process.

The process of getting what you really want is a matter of having a plan of action which works with the Universal Laws of Abundance and most importantly harnesses the awesome power of your subconscious mind. The Law of Attraction is a universal law which works for everyone. Understanding and using the principles is vital to your success in living an abundant life and getting what you really want.

The Law of Attraction works for both positives and negatives in your life; that means you are always attracting into your life whatever you focus on, and your dominant thoughts are where your focus is. You are a mirror of your most dominant conscious and subconscious thinking.

Look around you, look at your life and situations, whatever you have or don't have is a product of your dominant thinking and focus.

This eBook on Getting What You Really Want is a blend of Universal Laws or Principles, Programming your Subconscious Mind, and Practical Outcome Setting! What are outcomes? Outcomes are simply the result you want from achieving your goal. For example – why do you want a beautiful luxury home? The outcome might be to live in beautiful surroundings and enjoy having family and friends over to swim, eat, drink, have parties, play billiards on your full size billiards table and enjoy a game of tennis if you decide you want a tennis court. Why do you want a new sports car? The outcome might be to feel the pleasure that success brings and enjoy the sensations of driving quality and style.

On the other hand, your goals may be something of a humanitarian nature like setting up a charity to serve orphaned children with the love and care they deserve. The outcome here may be to express your love and caring for those less fortunate and feel a sense of contribution or giving back to the world in gratitude for your success.

You can be wealthy and successful and be a philanthropist. Being successful and wealthy, you have the capacity to help a lot more people and have influence in many good ways.

The purpose of this book is to guide you to get what you really want using nine simple steps which will become habitual and make your life easy.

This book is designed to get you to take action and make your desires become objectified so that you get to live them and live abundantly, and you will never have to live in want again.

Reviews for "How To Get What You Really Want!" by Glenn Corban

"Glenn Corban's ebook "How To Get What You Really Want!" is an easy to read and review guide to get what you really want using nine simple steps. I love his action-oriented approach to help you create life habits which are positive and powerful."

Franne McNeal, MBA, Significant Business Results Coach,
www.FranneMcNeal.com, www.SignificantYou.com

I don't care what your vision is, I don't care what you kind of career path you will like to take. This book Glenn have put together can help you achieve those goals. It's like a daily personal checklist for you to use to remind yourself of what you need to accomplish. Great piece of work here!

Javarion Green
Student
USA

Before We Start

There are a lot of informative books and programs to buy on the law of attraction or telling you how to get what you desire, but they can be so long and involved that most people don't follow through. Why? The amount of information and techniques is overwhelming. Not everyone has the discipline, time and patience to follow the ideas and often there is too much information to process and make practical in our daily lives.

I was a casualty of this myself until I became a Life Success Coach, studied Hypnosis, Human Excellence and Time Techniques™.

I have also learned that there are many other laws involved with successful living, the Law of Attraction is very commercially marketed, it is a great law to understand and use correctly, but it is not everything.

I have since been able to devise a simple program for myself which I share with my private clients and now share with you.

I have purposefully made this 26 page eBook small, affordable and actionable in just 19 pages of content so you take action and make the processes habitual.

The proof is in the pudding, follow the easy to use and simple steps and make your life the way you want it. Then send me a message to tell me how your life is changing for the better. I love doers, movers and shakers and I know this will work for you. My outcome for this book is to see my readers successfully implementing the nine steps and getting wonderful results in their lives, and this includes YOU!

Small incremental changes can begin in days and weeks and you want to be aware and build on these changes.

So let's get started;

Step 1: Know What You Want.

What is it that you have that you do not want, and what is it that you don't have that you do want?

Become aware of what you do not want – make a list of what they are whether one thing and up to seven things. Focus on the wheel of life to help you decide.

1. Career.
2. Family.
3. Relationships.
4. Personal growth and development.
5. Health and fitness
6. Spirituality
7. Social Life

You may have one major “do not want” or you may want to focus on more than one life sector above. Just for now focus on the things in each sector of your life that you “do not want.”

Once you know what you do **not** want the next step will be to flip it around and ask yourself what you do want instead. Wait until step two to do this though as I am explaining the process here first.

So you are taking each “do not want” from your list and asking yourself “what do I want instead?” These will become your “toward goals” and outcomes and you can then discard the “do not wants” which are your current “away from” goals.

The trick of this exercise is to decide what you do not want so you can see where your negative thoughts are focussed. Then begin to focus on everything **you do want** to replace the “away from” negatives in your life.

“Away from” goals are “do not wants.” They are goals you are attempting to get away from. For example; I hate this job, I don't like the boss, I am not appreciated here, I want to leave.

What is more powerful is to find a “move toward” goal such as “ I intend to get a new job where I can excel, relate to and love my work colleagues, have a better position, have room to grow and be appreciated for the energy I put in.”

Towards goals are positive and help you keep the momentum going. Toward goals keep you focussed on what you want so you attract more positives people, situations and circumstances in your life o get you closer to your goal. An away from goal can work to get you out of a position you hate, but once you get out, you lose momentum because you feel you succeeded already just in quitting the job and leaving.

Unfortunately we are predominantly negative beings, but this can change. You want to start thinking like you are already abundant, financially free like a millionaire or multimillionaire who has whatever they want and who continues to manifest more of what they want.

How do millionaires do this?

They focus on their desire, the big picture, the outcome they want, and then they take action toward getting it. **They turn their desire into a goal and an intention to get it, always focussing on the outcome, the end result**, and not the obstacles, problems and negative thoughts that arise along the way.

People who always have and get what they want are determined, focussed, positive, and full of energy and most of all, they don't see negatives. When a negative or obstacle arises, they are immediately strategizing ways to remove the obstacle because they know they already have their intention set and their vision is strong. So they get what they are focussed on which is the intention or goal, and not the obstacle.

The mistake most people make is they focus on the doubt and fear, and the more you focus on doubt and fear, the more the doubt and fear is magnetized so you eventually attract what you are fearful of attracting. This is how the Law of Attraction works; we attract what we focus on whether positive or negative.

So guide your thinking to what you **do** want, and through the law of attraction, this will come to you, it is inevitable you will get what you want, or something better when your dominant thoughts are positive towards what you desire to manifest in your life.

Turn your wants into intentions, that way you stop wanting and intend to get your goal and outcome instead of forever wanting.

And if you continue to doubt your ability, the only reason you doubt this is you probably have not received what you wanted in the past regardless how hard you tried. The reason you tried hard and got nowhere is due to your negative thoughts of fear and doubt that crept in to sabotage you from getting what you wanted.

Don't worry, my aim is to help you get what you really want without having to try hard, because life can be made easy when we know how to play the game.

I guarantee that either one or a combination of the following stopped you getting what you wanted; doubt, fear, negative thinking, feeling of unworthiness, subconscious beliefs, negative programming and advice past and present from relatives and friends sabotaged your goals and outcomes. You gave up in despair that you couldn't get what you wanted; you probably felt it was no use.

Then you get into the "poor me" mindset, or "it is just too hard or too competitive" mindset, or "I don't have the ability or skills or money" and on and on.

So the first step I use **to know what you want** is to know first **what you do not want**.

Exercise;

Go ahead and just write out what you do **not** want based on each life sector as listed above on page 6.

Just write what comes to mind and do not stress over this. Treat it as a fun and enlightening exercise.

Note: Writing goals with pen and paper is preferred for goal setting. The task of writing works best to program your subconscious. Therefore I recommend for the exercises in this book you use pen and paper.

If you prefer to type, that is fine as your intentions and other exercises in this guide will ensure you have success when you take action.

Step 2: Write out What You Intend to Manifest

Exercise;

Now for every “I do not want” on your list in step 1, write out what you want instead.

When you write it, make it positive, specific, present tense and remove the want. For example; if you wrote “I don’t want this abusive relationship with my partner” flip it around to what you do want such as “I am now living in a supportive and loving relationship with my partner.”

Once you have completed flipping your *don’t wants* into what you **do want**, refine the list of wants as a list of your intentions, and simplify them as in the *examples below*.

What I Intend To Manifest (Make Happen or Objectify in My Life)

1. A new Mercedes e class convertible in silver with red leather.
2. An extra \$100K per year income. (or maybe you want an income of \$250K per Year - \$20, 833 per month) Make it a larger sum if you already earn \$250K per year.

Remember to write exactly what you want and stretch yourself a little so it’s not comfortable, but exciting.

3. Begin my own business and quit my job in 6 months.
4. A loving relationship. My new partner is like my best friend and we care for and support each other. And he/she is so much fun to be with.
5. A new apple MacBook air and iPhone
6. A new pushbike (use the colour and brand and model you desire)
7. A grand piano or guitar and I am now taking lessons with an excellent teacher.
8. Start an art class and become accomplished so I can travel to Europe and paint scenes on the French Riviera.
9. A great circle of loving, fun, light-hearted, and supportive friends.



Next; discard the “what I don’t want” list. Tear it up, burn it, shred it or permanently delete it if it is computer typed. It is time to let go of the negative list forever and focus on the positives you desire **and intend** to attract into your life.

Step 3: Prioritise Your List with a Time for Each Intention to Manifest.

How many months or years will it take to manifest each desire?

So let's back-track a little to ensure you write out goals divided into short, medium and long term so you get motivated and build momentum by rewarding yourself along the way. Your smaller goals are your rewards which build momentum and motivation toward your medium and longer term goals.

First: It is always a good idea to have small wants which are achievable, these are short term desires you expect to manifest, like a new computer or other item along the same scale.

Another example might be to begin an art class in 3 months or begin a skills training in whatever you are into to advance your career and income. Have a time frame of say every 3 months to achieve your small goals or at least measure your success and progress to keep you motivated. Remember to pat yourself on the back for every little achievement and progress you make.

Second: Have medium sized desires which become your medium term goals, say 6 -12 months. This could be a new relationship, or begin studying to learn a new skill, or have \$6000 saved toward your holiday.

Third: decide on your larger goals from between 12 months - 24 months like a new Mercedes Benz or family holiday abroad. It could be saving for a down payment on your first or next investment property. Mercedes are a prestige symbol of success and the smaller models are affordable now. I am only using the Mercedes brand as an example, choose the brand of vehicle you love, want and intend to get. Not everyone desires a luxury car and some people would rather purchase a nice watch, an item of jewellery or put that money into building their wealth. The choice is yours, manifest what you really want.

Fourth: A two to three year intention might be to buy an apartment or family home, or buy your next investment property, or invest in a blue chip share or gold. Or it might be to have completed two years of your university degree.

Fifth: A 5 year goal might be to have moved your family into a new home plus own two investment properties. The investment properties might be cash-flow positive bringing you a passive income to cover certain living expenses or vacations. That means years three and four you buy one investment property.

Exercise; Go ahead and update your goals and intentions with a time schedule for manifesting, then read on.

Again, the above are just examples only, to help you along with your own planning and outcome setting. If any resonate with you, use them. However, you have already written your list in a previous step. Ensure you use only a list of the things you really want, and intend to manifest in your life. Go back and revise your list now if you need to.

Do you have clear images in your mind of your desires? How does it feel? What emotions have come up for you? Is it exciting? Motivating? Is your whole body energised?

Feel each desire one by one as you go along your timeline from 3 months all the way to your five year outcome. Imagine yourself already having each desire one by one, and then imagine in 5 years' time you have manifested all your desires and are living what you once only dreamed. Imagine yourself happy and content knowing that you can plan and achieve more of what you desire for the next 5 years and beyond.

Sometimes after we write out our desires, we decide we don't want this or that but we want something else instead. That's great, you can delete and replace goals until it feels right and often something better may come along unexpectedly as you are working toward your goals. The aim is to make your goals realistic and ethical, yet stretch yourself beyond your comfort zone. When you stretch yourself you become motivated, excited, and break through your fears and doubts by visualising the end result **with you in the picture.**

Yes! Think big and make a decision to manifest your dreams, believe you can achieve anything you desire and you will. Just look around you at the wealth and success of people in your environment, on TV and in the magazines. How do you think they started and how did they get where they are? The reality is, most successful and wealthy people started where you are now, many grew up poor or with basic comforts. What made them become successful were their desires and the images they held in their minds eye which matched those desires. They had congruency between their desires (what they really wanted), their images of what they wanted and their belief that they could manifest what they really wanted....

They held a belief within that they could have those desires manifest in their lives. They believed in a universal power that would support them. That power works through them through you and through me and all of us when we have a plan and go for what we want.

The successful people you see around you focussed on the end goal, the outcome, and saw themselves living their dream, always keeping their eye on the prize. As a result, the universe conspired to bring about the right circumstances and opportunities based on the positive energy and thoughts they were radiating into the universe. **And you can do the same.**

“Successful people visualise already having that which they desire, they put themselves in the picture of that end result, seeing and feeling the emotions as if they have already achieved their goal and outcome.” Remember this quote often.

Exercise;

If you have not yet done so, write the date you desire to have each goal manifested. Write this next to each goal or intention.

Once completed, notice how you feel, if you feel light and relieved and excited, then move on to the next step. Of you feel uncertain, review your goals and timeline for your goals until it feels good, and then proceed.

The choice is yours; you simply have to decide what feels right or looks right or both, and then picture it with feeling and happy emotions, to test your list of intentions and the time-frame, then “let go” which I will explain further on.

Most of all, Enjoy this process, love it, you are creating a compelling future in the “now” moment. Smile if you feel stressed deciding what you want and when, it can be intense, but it does not have to be. Keep smiling and proceed 😊

Step 4: Rewrite Your List of Intentions and Make Them Specific

Exercise;

Rewrite your list of goals and make them more specific exactly how you want them. Just one paragraph will do with a maximum of two. You can make a list if you prefer of the specifics for each desire. I personally use the list method for easier reading and absorption of my intentions.

Example;

I intend to attract a boyfriend or girlfriend with the following traits.

1. Warm
2. Funny
3. Generous
4. Ambitious
5. Loves his/her family
6. Has a lot of friends
7. Is loyal
8. Has dark hair and hazel eyes or blonde hair and blue eyes.
9. Is energetic and loves water sport.

Ok that explains enough about detail, only you know what you like in a person/partner. Do the same for a home, a car, your career or business and your entire list. Write out the specifics. Here is one more example below;

For the bunch of friends you want to attract you may just write; "A great circle of supportive friends who all get along, have immense fun and enjoy the same pleasures. We all relate so well and love being in each other's company." Take the key qualities and put them in list form as above if you prefer.

Step 5: Decide Who You Have to Become to Manifest Your Intentions

You now have your list of intentions you intend to objectify or manifest in your life. So in this next step, decide who you have to become to manifest those intentions. What qualities and skills do you need to acquire in order to resonate to and attract your desires?

For example, if you want to start your own business in 6 months, maybe you need to become a better planner of your time, learn how to write a business plan so you can ask your banker for a loan. You may want to become healthier, fitter and more disciplined in your daily life. You may want to read a good book on staff management or leadership for small business.

And if you desire a life partner with the traits I listed in step 4, what do you need to do to attract this person? Who do you need to become, do you need to be out and about more and getting more eye contact with the opposite sex rather than looking away or simply ignoring a new opportunity? Sometimes opportunities are staring at us, but we look away or simply do not look due to fear of rejection or lack of self-worth and other reasons too many to cover in this report. Ask yourself why you do things to gain insight into your own behaviour so you can make conscious changes.

What qualities and traits must you acquire or develop to become that person who attracts those goals you decide are yours?

You may simply just begin a morning exercise routine to feel more energised and positive each day. When we feel better about ourselves we tend to exude this positive energy to those around us and to the universe. This is attracting energy which only serves to attract to us more of what we want, including people and circumstances to propel us faster toward our goals. Refer to my Bonus report on Raising Your Vibration.

Make a list now of what changes you will make to become the person you want to be. Do not be overwhelmed by this step, it is simply a process toward daily improvement and attracting your desires.

The list could be;

1. Read one novel per month to enhance my English and word usage.
2. Go to bed one hour earlier and get up one hour earlier to go for a brisk walk and eat a healthier breakfast.
3. Smile more at people throughout my day and send out positive thoughts to everyone I meet.
4. Be nicer to my work colleagues, mother, siblings, and father, or whoever you have been less than nice toward lately for whatever reasons.
5. You may want to become more assertive and stand up for yourself to others who attempt to undermine you. When you set your goals and outcomes as in the previous steps, you can focus on that to give you the inner confidence to stand up for yourself and become more confident in our daily life.

Above are just a few examples, come up with your own. Just sit and contemplate where you could make some simple changes to become the person you really want to become.

Exercise;

Write out as advised above, who you intend to become in order to attract the intentions, goals and outcomes you have decided.

Example 2: I intend to begin practicing daily to become;

More social

Confident – raise my self-esteem

Fitter and more energetic

Fearless in striving toward getting what I really want

Smile more

Manage my time better

Avoid gossip and become more powerful in dealing with others.

Step 6: Program Your Mind with Feeling and Images to Manifest Your Intentions.

Keep two copies of your list of intentions from steps 2 and 3, one next to your bedside and one in your wallet or briefcase for quick referral if you ever feel you need to remind yourself and stay on purpose throughout your working day.

Also keep a copy of you “Who I need to become” list from step 5 to read in the morning and to remind yourself daily.

Exercise;

Each night when you get into bed, read your list of intentions with feeling and images as if you have them now. Imagine you have already achieved your desires and are living the outcome. Thank the universe

Next, program your subconscious mind with; “As I go to sleep, my subconscious mind is bringing to me the opportunities and circumstances for a positive and successful day tomorrow filled with light, love, productivity and joy. I thank my subconscious mind for attracting to me the circumstances, people and opportunities which help bring about the realisation of my intentions.”

Or

“As I go to sleep my subconscious mind is going to work bringing me the solutions and answers to increase my income by \$100,000 per year, (or whatever amount is relevant to your desires) I use this method only when working on a specific desire or situation I want to manifest.

Once you have memorised your list of desires, focus on them in the shower before you start your day, or focus on them for ten minutes while you are doing your daily exercise. The more you see yourself already in possession of your outcomes, the faster opportunities will come to you and the sooner you will realise your dreams become reality.

The morning subconscious programming can be;

“I am grateful for this wonderful new day. Today brings to me the opportunities and circumstances for success filled with light, love, productivity and joy.”

The reason for the night time focus is to program your subconscious when you are in the sleepy alpha state just prior to sleeping. **This way your words will bypass your critical conscious mind and go directly to your subconscious mind. At the same time, you are programming yourself for success while you sleep.** This is more important than your morning ritual if you only make time for one ritual.

You want to go to sleep with positive and uplifting thoughts for your subconscious to work on, and you will sleep peacefully this way. Many people go to bed with the days worries or the dread of what tomorrow brings. You can change this by programming your subconscious with positive, uplifting, and inspiring thoughts and goals simply by purposefully stating your goals and intentions prior to sleep and making a suitable statement as discussed.

A shower technique works well also because you are in trance in the shower. Shower time is great for programming or suggesting to your unconscious mind. You may have noticed how you come up with ideas when you are in the shower. When this happens, ensure that when you get out, you write down those ideas and act on them if they continue to resonate with you. Most people avoid this step and soon the great insight is forgotten when it could have been a life changer.

This night-time ritual is the most important part of this 9 step program for manifesting what you really want. You can simply call this process “Manifest My Intentions” and write this at the top of your list and ensure you make this a nightly ritual. Good habits are formed through consistency and persistence, and this will bring you’re your intentions to manifestation.

Step 7: Let Go and Let The Universe Do Its Work.

After you do read and *absorb* your list of intentions morning and night and make your declaration, decide to let go and go about your day. You have programmed your subconscious the night before, and when any obstacle, negative thought, doubt or fear arises, just acknowledge your feelings and let it pass. The point is to not dwell on the fear, doubt or obstacle, but to refocus on your goals and outcome. Replace all negative thoughts with its polar opposite. Look for ways to overcome the obstacles that arise, always keeping your eye on the outcome you desire. If you work with a team, work together on a solution and get on with achieving what you really want, and intend to get.

Always be detached knowing you are bound to receive the intention or list of intentions you are focussing on. Have faith in the universe and know that by setting your intentions and programming your subconscious mind prior to sleep, the universe will work through you to help you manifest your intentions. Allow your subconscious to do the hard work for you by programming your mind for success every night when you are in that sleepy alpha state doing your ritual.

Always write your desires in the present tense and remove the word “want.” Wants are good only to help us decide what we want in our lives, then once we make that decision, we trick our subconscious into believing we already have what we want. In fact, when you make a decision to get something, you do have it on the invisible spiritual plane, you just have not made it materialize or objectified yet.

The problem with wanting is that it is future based and can have negative energy attached. It is much better to say “I am attracting” my ideal life partner or new car or new home. For this 10 step guide, the focus is on already having that which you desire. This is why we want to tell this directly to the subconscious mind just prior to sleep so it bypasses the negative and critical conscious mind which would normally bring up disbelief, doubts and fears. The subconscious does not know the difference between real and imagined. So when we act as if we already have what we want without the conscious mind getting in the way, the subconscious will take it as real and bring it about faster.

Therefore ensure your wording at sleep time or in your trance states is in the present tense as in; “I have attracted my ideal life partner” or “I am now living with my ideal life partner.”

Allow your positive intentions to bypass your conscious mind by affirming only when in the alpha state, and this will be absorbed by your subconscious mind which will accept it and go to work for you to make it manifest.

The Law of Attraction is a spiritual law and we can take our lessons from the bible. For example, “the lord is my shepherd, I shall not want.” This means you shall never want because you always have what you have asked for or decide is yours; you just have to believe that what you want is already yours and work toward manifesting this desire.

Whenever in doubt, remind yourself of the renowned bible quote;

“Whatever you ask of the father in my name, believe you have received it, and you will receive it.”

When you have faith you can move mountains. Faith is void of doubt and fear.

Step 8: Measure Your Results

Every one to three months, evaluate your goals. Measure your results, be aware of what you are attracting and see how your attraction processes are working for you. What is working, what isn't? What small changes or tweaks can you make to your day, to your list, to your daily ritual, and to your nightly and daily subconscious programming?

Only tweak and change if you feel you need to for better results or for a feeling toward something better for you.

If you do need to change a goal or two to make things work better, ensure it is for the best and not through fear of defeat, not feeling good enough or not feeling able. Stretch yourself if you want to grow and achieve.

Monitor your thoughts. Are you deleting your negative self-talk and becoming more positive in your thinking and interactions with people? Are you looking at and coming up with solutions rather than focusing on the problems? Do this with friends and family also, talk positive and help them to consider solutions and to develop a positive mindset. They will soon get used to you and see you as a tower of strength and advice.

Exercise: open your diary or calendar and mark the dates when you will measure your progress. I suggest marking the last day of each month to review how you are progressing. That way you can begin the next month with renewed enthusiasm or make tweaks where necessary.

If you use your computer you can set a reminder to show up in your emails.

Make a note of what is working and what is not. Analyse what is not and make necessary changes. Then go for it and make the next month better than the last.

Step 9: Visualize Your Outcome As If You Have It Now!

Choose one day a week, just one to sit down and do a visualisation technique. Sit down in a comfortable chair or recliner and spend 10 to 20 minutes imaging you are living the life you desire with your list of intentions already manifested. See yourself succeeding in your business, notice the abundance in your bank account. See yourself enjoying lavish parties with your loved ones, friends and family. Visualize the holiday you intend to take, imagine yourself using your new computer, in your new kitchen, driving your new luxury car or sports car, whatever you desire. Visualize yourself helping various causes as a wealthy philanthropist and mixing with your circle of great friends and influential people if you so desire.

Imagine your outcome of intentions as if you have it all now. Feel the feelings, hear the sounds and see the pictures like it is a movie of your ideal life. Feel and hear the laughter and joy around you and within you. Notice how healthy and energetic you are and feel the love flooding your entire being.

If it is a car imagine yourself behind the wheel enclosed by luxury and quality. If it is a home, imagine yourself putting your key in the door and opening it, and once open you see your stunning entrance foyer and beyond to the living room overlooking your pool with a gym looking onto it and cabana where you host your outdoor parties.

Imagine your gym overlooking the pool as you work out while watching your favourite news channel. Use your imagination to delight your senses.

When you begin this technique, count down from 10 – 1 slowly while saying “I am relaxing now going deeper and deeper, 8-7 getting sleepier now as I go into alpha. 7 – 5 relaxing more and more, 4-2, I am relaxed and sleepy. 3- 2 - 1 feeling sleepy and relaxed now in alpha.....



When you complete the visualisation, bring yourself out of the trance or alpha state by saying "I am now counting to five and on the count of five I will be refreshed, wide awake and feeling better than ever before." 1 – "Beginning to wake up now." 2 – "Feeling better than ever." 3 - "Stretching my body now, beginning to feel alive and refreshed." 4 – "Opening my eyes now and feeling positive and alive." 5 - Feeling wide awake, full of energy and better than ever before."

Conclusion

And there you have it - 9 steps to getting what you want through the principles of the Law of Attraction, mind science and practical outcome setting.

If you can discipline yourself to stick to this ritual, imagine how much further ahead you will be in your life in one month, three months, six months and twelve months from now.

Why not spend a little time each evening reprogramming your subconscious mind with positive statements of your desires while imagining your outcome “as if” you have it all now. Then you can wake up the next morning allowing your subconscious to guide you throughout your day attracting to you the right circumstances, opportunities and people.

With a little practice and after 21 days, your subconscious mind will be set with your new desires and your ritual programmed so it becomes habitual. What you desire is already yours on the invisible or spiritual plane, all you **have to do is take action each day by following the easy steps above which will soon be second nature to you, allow 21 days for this or 30 at most**, but never give up, hold onto that vision and make your life as you desire.

You are in the drivers’ seat, you lead your life where you want it to go. Be alert and use your intuition to take advantage of new opportunities and situations that arise. Focus only on your end goal and outcome when obstacles arise **and know** that you can have whatever you desire.

Pay attention to the little changes each day, be aware of the good that comes your way and take advantage of your positive new mindset.

Now go out there, start manifesting and have fun!

Love, success and happiness to you.

Namaste

Glenn.

Contact

Ps. I really want to see you succeed with this complimentary pdf and would love for you to share your experiences on my blog with other readers of this eBook. Alternatively email me directly with your success story regardless how big or small your results, All results count along your path to success and every small manifestation is a success and confidence booster proving to you that you can achieve more and larger manifestations.

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